We are almost entirely funded by individuals like you, who understand the importance of our work. Your generosity makes a huge difference!

FIND COMMUNITY
With over 18,000 LGBTQIA+ resources nationwide, find what you’re looking for.
LGBTnearME.org

CONTACT
Mailing Address:
LGBT National Help Center
2261 Market Street, #296
San Francisco, CA 94114
Office: 415-355-0003
Email: Help@LGBThotline.org

DONATE
LGBThotline.org/donate

VOLUNTEER
For just a few hours a week you can make a difference in the lives of countless members of the LGBTQIA+ community.
LGBThotline.org/volunteer

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PROVIDING VITAL SUPPORT FOR THE LESBIAN GAY BISEXUAL TRANSGENDER QUEER & QUESTIONING COMMUNITY

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2261 Market Street, #296
San Francisco, CA 94114
Office: 415-355-0003
Email: Help@LGBThotline.org

We are always looking for caring, non-judgmental listeners.
Positions available remotely.

LGBThotline.org/volunteer

DONATE
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LGBThotline.org/donate

lgbt_national_hotline
LGBTnationalhelpcenter
LGBTNatlHelpCtr

LGBThotline.org

PROVIDING VITAL SUPPORT FOR THE LESBIAN GAY BISEXUAL TRANSGENDER QUEER & QUESTIONING COMMUNITY
Since 1996, the LGBT National Help Center has been dedicated to providing vital care & connections for the LGBTQIA+ community across the United States and Canada.

Through our programs our LGBTQIA+ volunteers provide highly trained and caring support to those with issues or concerns dealing with sexuality and/or gender identity, including coming out issues, discrimination, anxiety, fears of isolation, questions about HIV/AIDS and safer-sex practices, and so much more.

YOU SHOULD NEVER HAVE TO FEEL ALONE!

Our LGBT National Hotlines:

**LGBT NATIONAL HOTLINE:** 888-843-4564  
Peer support, vital resources, and information for the entire LGBTQIA+ community.

**COMING OUT SUPPORT HOTLINE:** 888-688-5428 (888-OUT-LGBT)  
A safe space to discuss issues dealing with coming out to yourself and others.

**YOUTH TALKLINE:** 800-246-7743  
Ages 25 years old and younger.

**SENIOR HOTLINE:** 888-234-7243  
Ages 50 years old and older.

Our Online Programs:

**One-To-One Online Chat:** LGBThotline.org/chat  
One-to-one text-based peer support.

**LGBT Youth Chat Rooms:** LGBThotline.org/youthchatrooms  
Moderated for LGBTQIA+ youth to find friends, community, and support from one another.