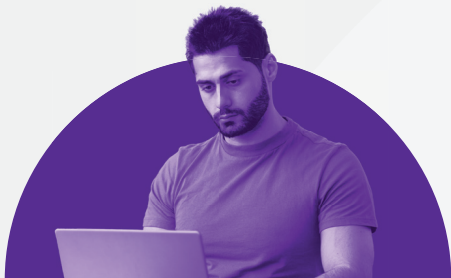## FIND COMMUNITY

With over 18,000 LGBTQIA+ resources nationwide, find what you're looking for.

LGBTnearME.org

VOLUNTEER

For just a few hours a week you can make a difference in the lives of countless members of the LGBTQIA+ community.

We are always looking for caring, non-judgmental listeners.

Positions available remotely.

LGBThotline.org/volunteer

CONTACT

Mailing Address:
LGBT National Help Center
2261 Market Street, #296
San Francisco, CA 94114

Office: 415-355-0003
Email: Help@LGBThotline.org

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DONATE

We are almost entirely funded by individuals like you, who understand the importance of our work. Your generosity makes a huge difference!

LGBThotline.org/donate

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PROVIDING VITAL SUPPORT FOR THE LESBIAN GAY BISEXUAL TRANSGENDER QUEER & QUESTIONING COMMUNITY

LGBThotline.org

Since 1996, the LGBT National Help Center has been dedicated to providing vital care & connections for the LGBTQIA+ community across the United States and Canada.

Through our programs our LGBTQIA+ volunteers provide highly trained and caring support to those with issues or concerns dealing with sexuality and/or gender identity, including coming out issues, discrimination, anxiety, fears of isolation, questions about HIV/AIDS and safer-sex practices, and so much more.

YOU SHOULD NEVER HAVE TO FEEL ALONE!

Our LGBT National Hotlines:

LGBT NATIONAL HOTLINE: 888-843-4564
Peer support, vital resources, and information for the entire LGBTQIA+ community.

COMING OUT SUPPORT HOTLINE: 888-688-5428 (888-OUT-LGBT)
A safe space to discuss issues dealing with coming out to yourself and others.

YOUTH TALKLINE: 800-246-7743
Ages 25 years old and younger.

SENIOR HOTLINE: 888-234-7243
Ages 50 years old and older.

Our Online Programs:

One-To-One Online Chat: LGBThotline.org/chat
One-to-one text-based peer support.

LGBT Youth Chat Rooms: LGBThotline.org/youthchatrooms
Moderated for LGBTQIA+ youth to find friends, community, and support from one another.